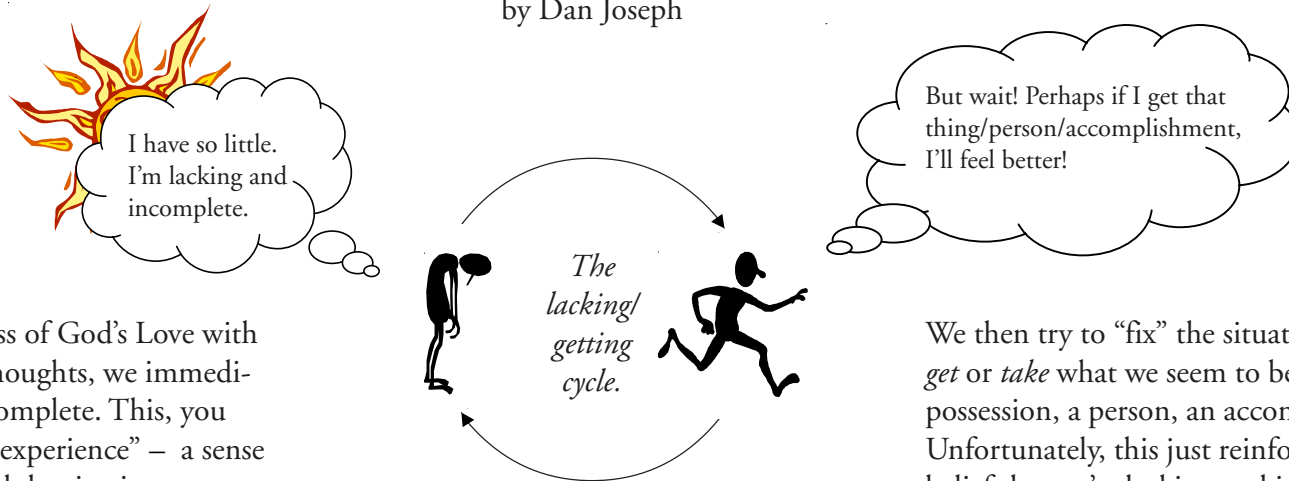


# Undoing the Lacking/Getting Cycle

by Dan Joseph



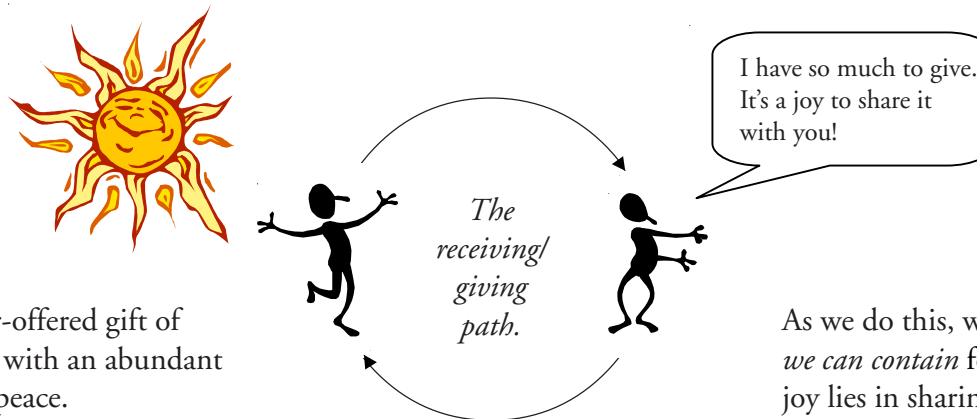
As we block our awareness of God's Love with our own self-generated thoughts, we immediately feel lacking and incomplete. This, you could say, is the "human experience" – a sense of scarcity, limitation, and deprivation.

We then try to "fix" the situation by trying to *get* or *take* what we seem to be lacking – a possession, a person, an accomplishment. Unfortunately, this just reinforces the original belief that we're lacking and incomplete.

This lacking/getting cycle continues until we begin to question the premise behind it. Perhaps we're *not* lacking and incomplete. Perhaps we *don't* need to gather more things.



As we release our false beliefs – and once again open to the experience of God's Love for us – we begin to re-experience our wholeness, completeness, and limitless gifts.



In re-opening to the ever-offered gift of God's Love, we are filled with an abundant sense of inspiration and peace.

As we do this, we realize that we have *more than we can contain* for ourselves – and that our true joy lies in sharing our abundance with others.